

Shoulder Abduction Sling

APPLICATION INSTRUCTIONS:

- 1. Apply the Sling portion first.
- 2. Unfasten the Velcro at the top of the sling
- Insert hand and lower arm into sling in the appropriate position.
- Bring the end of the strap through the D-ring, adjust to fit and re-apply the Velcro.
- 5. Adjust the neck pad to comfort.
- 6. (Option) The thumb rest loop on the inside of the sling is optional.
- 7. Apply pillow in comfortable position behind the arm sling and with the curved side against the body.
- 8. Attach pillow Velcro to arm sling Velcro.
- 9. Adjust waist strap as necessary and thread the end through the d-ring. The strap may be cut to modify positioning of the Velcro.

Washing Instructions:

Hand wash in cold water using mild soap. Do not bleach. Line dry only. Avoid direct heat or sun.

Caution: In the event of discomfort or numbness of any kind, consult your caregiver immediately.

NOTE: Do not over tighten, adjust as necessary. **CAUTION:** If swelling increases and pain, numbness, skin irritaion occurs, discontinue use. Contact medical provider immediately. This product is only a support device, not to prevent injuries or prevent reoccurance of iniuries.



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