



## Thumb Spica

### APPLICATION INSTRUCTIONS:

Open Velcro straps. Slide hand into support, gently guiding the thumb into the thumb support.

Thread Velcro straps through D-rings and apply appropriate tension.

Adjust Velcro thumb strap.

Adjust all straps for comfort and fit.

**NOTE:** Do not over tighten. For best results, adjust each strap a second time to ensure a comfortable fit.

### Washing Instructions:

Wash in cold water using mild soap. Do not bleach. Line dry only. Avoid direct heat or sun.

**NOTE:** Do not over tighten, adjust as necessary.

**CAUTION:** If swelling increases and pain, numbness, skin irritation occurs, discontinue use. Contact medical provider immediately.

This product is only a support device, not to prevent injuries or prevent reoccurrence of injuries.



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