

## **Arm Sling with Padded Shoulder**

## APPLICATION INSTRUCTIONS:

- 1. Unfold the sling.
- 2. Insert hand and lower arm into sling in the appropriate position.
- 3. Disconnect the Velcro.
- 4. Bring the end of the strap through the D-ring, adjust to fit and re-apply the Velcro.
- 5. Adjust the neck pad to comfort.
- 6. (Option) The thumb rest loop on the inside of the sling is optional.

## **Washing Instructions:**

Hand wash in cold water using mild soap. Do not bleach. Line dry only. Avoid direct heat or sun.

**NOTE:** Do not over tighten, adjust as necessary. **CAUTION:** If swelling increases and pain, numbness, skin irritaion occurs, discontinue use. Contact medical provider immediately. This product is only a support device, not to prevent injuries or prevent reoccurance of injuries.



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